

Homemade Turkey Lunchable (Warren)

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Kit	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-53072
School:	Warren Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TURKEY BRST SMKD COIN 1.75IN SLCD	1 2/3 Ounce	5 Slices	394123
CHEESE COLBY JK CUBE IW 200-1Z LOL	1 Package	N/A	680130
CRACKER CHEEZ-IT WGRAIN IW	1 Each		282422
CRACKER GLDFSH CHED WGRAIN	1 Package		736280

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 1.00			
Serving Size: 1.00 Kit			
Amount Per Serving			
Calories		340.15	
Fat		14.75g	
Saturated Fat		5.75g	
Trans Fat		0.00g	
Cholesterol		45.08mg	
Sodium		745.75mg	
Carbohydrates		29.00g	
Fiber		1.00g	
Sugar		0.00g	
Added Sugar		0.00g	
Protein		21.53g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	314.00mg	Iron	1.60mg

Nutrition - Per 100g

No 100g Conversion Available
