Breaded Chicken Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Piece	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46704
School:	Prairie Crossing		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX PTY BRD WGRAIN FC 3.54Z	1 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	281622
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each		266546

Preparation Instructions

Place 24 patties on a tray, heat to 165 degrees about 10-13 minutes in 375 degree oven.

Pan up in 1/2 veggie pan for serving on the line.

Hold in pass thru- serve hot.

Serve on WG bun.

Meal Components (SLE) Amount Per Serving

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Meat	2.000	
Grain	3.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Beans, Peas, and Lentils	0.000	
Starch	0.000	

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Piece

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Amount Per Serving						
Calories		390.00				
Fat		16.00g				
Saturated Fat		3.00g				
Trans Fat		0.00g				
Cholesterol		25.00mg				
Sodium		680.00mg				
Carbohydrates		41.00g				
Fiber		6.00g				
Sugar		5.00g				
Added Sugar		3.00g				
Protein		19.00g				
Vitamin A	0.00mcg	Vitamin C	0.00mg			
Calcium	60.00mg	Iron	3.90mg			

Nutrition - Per 100g

No 100g Conversion Available