

# Chicken Fajita Wrap-BC



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-53145
School:	Benton Jr -Sr High		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHICKEN FAJITA STRIPS, COOKED, FROZEN	3 1/5 Ounce	BAKE PLACE ONE BAG ON SPRAYED BAKING SHEET CONVENTIONAL OVEN 350 DEGREES F CCP: REHEAT 25 - 30 MINUTES FROM FROZEN TIL TEMPERATURE REACHES 165 DEGREES OR HIGHER CONVECTION OVEN 400 DEGREES F CCP: 15 - 20 MINUTES FROM FROZEN TIL TEMPERATURE REACHES 165 DEGREEES OR HIGHER CCP: HOLD FOR HOT SERVICE @ 135 DEGREES OR HIGHER FOR NO LONGER THAN 4 HOURS	100117
CHEESE CHED MLD SHRD 4-5 LOL	2 Tablespoon	READY_TO_EAT Preshredded. Use cold or melted	150250
TORTILLA FLOUR ULTRGR 9IN	1 Each		523610

## Preparation Instructions

Thaw the chicken under refrigeration over night.

Assemble: tortilla wrap, chicken fajita, cheese

Wrap, Fold in ends of tortilla and roll from other end until closed

Offer with shredded lettuce, salsa & sour cream. (Optional)

Refrigerate until ready to serve

Hold at 40 Degrees or less

## Meal Components (SLE)

Amount Per Serving

<b>Meat</b>	2.250
<b>Grain</b>	2.250
<b>Fruit</b>	0.000
<b>GreenVeg</b>	0.000
<b>RedVeg</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starch</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
<b>Calories</b>		339.82	
<b>Fat</b>		12.76g	
<b>Saturated Fat</b>		7.88g	
<b>Trans Fat</b>		0.00g	
<b>Cholesterol</b>		84.65mg	
<b>Sodium</b>		812.35mg	
<b>Carbohydrates</b>		32.38g	
<b>Fiber</b>		4.00g	
<b>Sugar</b>		3.88g	
<b>Added Sugar</b>		0.00g	
<b>Protein</b>		24.94g	
<b>Vitamin A</b>	0.00mcg	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	144.50mg	<b>Iron</b>	2.00mg

## Nutrition - Per 100g

No 100g Conversion Available