

Taco Meat Recipe - No Bernard Not Finished



Servings:	400.00	Category:	Entree
Serving Size:	2.00 fl. oz.	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52473

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SEASONING TACO SLT FR	9 Cup	Meat: Brown meat & drain excess fat.	605062
Beef, Fine Ground 85/15, Frozen	40 Pound		100158
Water	2 Gallon		Water

Preparation Instructions

Meat: Brown meat & drain excess fat, add water and taco seasoning. Simmer 10-15 minutes.

Meal Components (SLE)

Amount Per Serving	
Meat	1.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 400.00			
Serving Size: 2.00 fl. oz.			
Amount Per Serving			
Calories		108.71	
Fat		7.16g	
Saturated Fat		2.39g	
Trans Fat		1.19g	
Cholesterol		31.04mg	
Sodium		40.65mg	
Carbohydrates		2.16g	
Fiber		0.54g	
Sugar		0.00g	
Added Sugar		0.00g	
Protein		8.36g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.54mg

Nutrition - Per 100g

No 100g Conversion Available	
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