Hamburger on Bun



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52414
School:	Prairie Crossing		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY FLAMEBR	1 Each	BAKE From thawed state: sleeve pack preparation, put a few small holes in top of bag. Place entire bag intact on sheet pan inpreheated convection oven at 375 degrees f for 45 minutes. Remove from oven and let stand 3 minutes before opening bag. UNSPECIFIED Not currently available	205030
BUN HAMB SLCD WGRAIN WHT 4 10- 12CT	1 Each		266546

Preparation Instructions

Place 30 patties in #1 pan. Heat to 165 degrees, about 7 minutes on steam. Hold in hot pass thru at 165 degrees or higher.

Keep cheese cold until ready to serve.

Serve on bun with a slice of cheese if desired.

Meal Components (SLE)Amount Per Serving

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Meat	2.250	
Grain	2.000	
Fruit	0.000	
GreenVeg	0.000	
RedVeg	0.000	
OtherVeg	0.000	
Beans, Peas, and Lentils	0.000	
Starch	0.000	

Nutrition Facts

Servings Per Recipe: 1.00 Serving Size: 1.00 Each

Amount Per Serving						
Calories		280.00				
Fat		10.00g				
Saturated Fat		4.00g				
Trans Fat		0.50g				
Cholesterol		35.00mg				
Sodium		490.00mg				
Carbohydrates		26.00g				
Fiber		4.00g				
Sugar		4.00g				
Added Sugar		3.00g				
Protein		17.00g				
Vitamin A	0.00mcg	Vitamin C	0.00mg			
Calcium	30.00mg	Iron	2.00mg			

Nutrition - Per 100g

No 100g Conversion Available