

Chicken Dumplings

Servings:	16.00	Category:	Entree
Serving Size:	6.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52960
School:	Benton Jr -Sr High		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APTZR POTSTKR CHIX VEG WGRAIN	2 Package		640331
SAUCE ORNG SESM	1 Package		341113

Preparation Instructions

- Place dumplings in a single layer on parchment paper lined baking sheet.
- Steam dumplings in combi for 16-20 minutes.
- Heat to an internal temperature of 165 degrees.
- Heat orange sauce in a steamer for 12-15 minutes in a bag.
- Pour one bag of sauce per 2 bags of dumplings. Toss lightly until all dumplings are covered.
- Hold in hot pass thru at 170 degrees.

Meal Components (SLE)

Amount Per Serving	
Meat	2.000
Grain	2.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 16.00			
Serving Size: 6.00 Each			
Amount Per Serving			
Calories		362.04	
Fat		7.80g	
Saturated Fat		0.50g	
Trans Fat		0.00g	
Cholesterol		35.01mg	
Sodium		726.08mg	
Carbohydrates		57.00g	
Fiber		1.00g	
Sugar		26.00g	
Added Sugar		1.00g	
Protein		18.60g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	63.37mg	Iron	2.00mg

Nutrition - Per 100g

No 100g Conversion Available
