Burrito-BC

Servings:	76.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-52958
School:	Benton Jr -Sr High		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	10 Pound		100158
Tap Water	1 Gallon		
Tex-Pro Five Taco Filling Mix	1 Package		201183
Cheese, Cheddar Reduced fat, Shredded	3 9/16 Pound		100012
LETTUCE SHRD TACO 1/8CUT	14 1/4 Cup		242489
TORTILLA FLOUR ULTRGR 9IN	76 Each		523610

Preparation Instructions

For Taco Meat:

- 1. Cook the beef and drain.
- 2. Add the water and the taco mix, simmer. Heat meat filling to 165 degrees.
- 3. Hold in hot pass thru until served.

For burrito use a tortilla, #10 disher meat, 1 fl. oz. (2 Tbsp.) shredded cheese, and top with 1 fl. oz. (2 Tbsp.) of lettuce.

Meal Components (SLE) Amount Per Serving

Meat	2.000
Grain	2.250
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 76.00 Serving Size: 1.00 Each

Amount Per Serving						
Calories		428.83				
Fat		20.70g				
Saturated Fat		9.14g				
Trans Fat		1.57g				
Cholesterol		55.84mg				
Sodium		716.15mg				
Carbohydrates		40.21g				
Fiber		7.15g				
Sugar		5.28g				
Added Sugar		0.00g**				
Protein		27.30g				
Vitamin A	0.00mcg	Vitamin C	0.00mg			
Calcium	46.88mg	Iron	2.00mg			

^{**}One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available