### **Burrito**

Servings:	114.00	Category:	Entree
Serving Size:	1.00 Each	<b>HACCP Process:</b>	Complex Food Prep
Meal Type:	Lunch	Recipe ID:	R-51206
School:	Prairie Crossing		

### **Ingredients**

Description	Measurement	Prep Instructions	DistPart #
Beef, Fine Ground 85/15, Frozen	10 Pound		100158
Tap Water	1 Gallon		
Tex-Pro Five Taco Filling Mix	1 Package		201183
Cheese, Cheddar Reduced fat, Shredded	3 9/16 Pound		100012
LETTUCE SHRD TACO 1/8CUT	14 1/4 Cup		242489
TORTILLA FLOUR ULTRGR 8IN	114 Each		882700

### **Preparation Instructions**

For Taco Meat:

- 1. Cook the beef and drain.
- 2. Add the water and the taco mix, simmer. Heat meat filling to 165 degrees.
- 3. Hold in hot pass thru until served.

For burrito use a tortilla, #16 disher meat, 1 fl. oz. (2 Tbsp.) shredded cheese, and top with 1 fl. oz. (2 Tbsp.) of lettuce.

# Meal Components (SLE) Amount Per Serving

Meat	1.500
Grain	1.500
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

#### **Nutrition Facts**

Servings Per Recipe: 114.00 Serving Size: 1.00 Each

Amount Per Serving					
Calories		342.56			
Fat		15.80g			
Saturated Fat		7.09g			
Trans Fat		1.05g			
Cholesterol		37.23mg			
Sodium		526.43mg			
Carbohydrates		36.81g			
Fiber		6.10g			
Sugar		4.19g			
Added Sugar		0.00g**			
Protein		19.87g			
Vitamin A	0.00mcg	Vitamin C	0.00mg		
Calcium	46.25mg	Iron	2.00mg		
			*		

<sup>\*\*</sup>One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available