

Fruited Gelatin

| | | | |
|---------------|------------------|----------------|-------------------|
| Servings: | 76.00 | Category: | Fruit |
| Serving Size: | 0.50 Cup | HACCP Process: | Complex Food Prep |
| Meal Type: | Lunch | Recipe ID: | R-51249 |
| School: | Prairie Crossing | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------|--------------|---|------------|
| PEAR DCD XL/S | 4 #10 CAN | | 290203 |
| GELATIN MIX STRAWB | 2 Package | | 524581 |
| Water | 1 1/2 Gallon | Use drained liquid from can plus water to make the 1.5 gallons. | Water |

Preparation Instructions

1. Drain the juice from the cans of fruit into a microwave safe container. (This reserved liquid will be used to mix into the gelatin (need 1.5 gallons of liquid total).
2. Divide the drained fruit using a 4 ounce spoodle into portion cups.
3. Add water to drained fruit juice until the total is 1.5 gallons.
4. Heat the drained fruit juice/water in microwave until boiling.
5. CAREFULLY remove the fruit juice/water from microwave
6. Add gelatin to heated fruit juice/water mixture and stir until combined.
7. Pour/siphen liquid gelatin in fruit cups to cover the fruit.
8. Add lids and chill before serving.
7. Label/date with fruited jell-o
8. Hold in cold pass thru until served.

Meal Components (SLE)

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat | 0.000 |
| Grain | 0.000 |
| Fruit | 0.500 |
| GreenVeg | 0.000 |
| RedVeg | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starch | 0.000 |

Nutrition Facts

Servings Per Recipe: 76.00

Serving Size: 0.50 Cup

| Amount Per Serving | | | |
|----------------------|---------|------------------|--------|
| Calories | | 135.98 | |
| Fat | | 0.00g | |
| Saturated Fat | | 0.00g | |
| Trans Fat | | 0.00g | |
| Cholesterol | | 0.00mg | |
| Sodium | | 80.12mg | |
| Carbohydrates | | 32.02g | |
| Fiber | | 2.00g | |
| Sugar | | 29.02g | |
| Added Sugar | | 0.00g | |
| Protein | | 0.94g | |
| Vitamin A | 0.00mcg | Vitamin C | 0.00mg |
| Calcium | 0.94mg | Iron | 0.00mg |

Nutrition - Per 100g

No 100g Conversion Available