

Variety of Vegetable Juice

Servings:	4.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-53219
School:	Southridge Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
JUICE BOX PARADS PNCH	1 Each	Counts towards "Other" vegetable subgroup	698261
JUICE DRAGON PUNCH ECO	1 Each	Counts towards "Other" vegetable subgroup	510571
JUICE WANGO MANGO ECO	1 Each	Counts towards "Other" vegetable subgroup	510562
JUICE SUN SPLASH 100 VEG	1 Each	Counts towards "Red/Orange" vegetable subgroup	214513

Preparation Instructions

No Preparation Instructions available.

Meal Components (SLE)

Amount Per Serving	
Meat	0.000
Grain	0.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.000
OtherVeg	0.500
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 4.00			
Serving Size: 1.00 Each			
Amount Per Serving			
Calories		55.00	
Fat		0.00g	
Saturated Fat		0.00g	
Trans Fat		0.00g	
Cholesterol		0.00mg	
Sodium		20.00mg	
Carbohydrates		13.75g	
Fiber		0.00g	
Sugar		12.50g	
Added Sugar		0.00g	
Protein		0.00g	
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	2.50mg	Iron	0.00mg

Nutrition - Per 100g

No 100g Conversion Available
