

Baked Rotini and Meat Sauce

Servings:	25.00	Category:	Entree
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-53130
School:	Southridge Elementary		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	5 Pound	Thaw ahead	573201
PASTA ROTINI	2 Pound	***Non-Whole Grain***	413360
Tap Water for Recipes	48 Ounce	N/A	
CHEESE MOZZ SHRD	6 Cup	N/A	645170

Preparation Instructions

Thaw J.T.M. Premium Beef Spaghetti Sauce under refrigeration 24-36 hours prior to preparation.

1. Pre-heat convection oven to 325° F.
2. Lightly spray the bottom and sides of a 2" deep, full-size pan with non-stick pan spray.
3. Pour thawed, Premium Beef Spaghetti Sauce into pan.
4. Add hot water and dry pasta and blend well.
5. Cover pan and bake for 30 minutes.
6. Carefully remove from oven, gently stir, and top with shredded cheese.
7. Bake uncovered for an additional 5-10 minutes or until cheese is melted.

Meal Components (SLE)

Amount Per Serving

Meat	2.000
Grain	1.000
Fruit	0.000
GreenVeg	0.000
RedVeg	0.250
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starch	0.000

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 1.00 Cup

Amount Per Serving			
Calories		309.83	
Fat		10.40g	
Saturated Fat		4.96g	
Trans Fat		0.00g	
Cholesterol		45.83mg	
Sodium		338.51mg	
Carbohydrates		32.98g	
Fiber		2.42g	
Sugar		6.24g	
Added Sugar		0.00g	
Protein		19.77g	
Vitamin A	369.71mcg	Vitamin C	10.86mg
Calcium	221.94mg	Iron	2.29mg

Nutrition - Per 100g

No 100g Conversion Available