

Egg & Cheese Pancake Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-52211

Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG SCRMBD PTY RND GRLLD	1 Each		208990
CHEESE, AMERICAN BLENDED, YELLOW, SKIM, SLICED	2 Slice	USDA Brown Box Commodity Use GFS #499789 when Brown Box not available	100036
PANCAKE CINN IW WGRAIN	1 Package		642230

Preparation Instructions

Cook each item according to directions on items package. Assembly sandwich for service.

Updated 8.13.25

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.750
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Sandwich

Amount Per Serving			
Calories	335.00		
Fat	14.50g		
Saturated Fat	5.00g		
Trans Fat	0.00g		
Cholesterol	95.00mg		
Sodium	670.00mg		
Carbohydrates	39.00g		
Fiber	3.00g		
Total Sugar	12.00g		
Added Sugar	0.00g		
Protein	13.00g		
Vitamin A	32.73mcg	Vitamin C	0.01mg
Calcium	55.00mg	Iron	1.44mg

Nutrition - Per 100g

No 100g Conversion Available
