

Apple Cinnamon Texas French Toast with Sausage

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-29070
School:	Concord High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TOAST TEXAS APPL CINN IW	1 Slice		152504
SAUSAGE PTY CHIX CKD 1.5Z	2 Each	N/A	588510

Preparation Instructions

Cook French Toast and Sausage according to directions listed on case.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	420.00		
Fat	18.00g		
Saturated Fat	4.00g		
Trans Fat	0.00g		
Cholesterol	80.00mg		
Sodium	830.00mg		
Carbohydrates	45.00g		
Fiber	2.00g		
Total Sugar	17.00g		
Added Sugar	13.00g		
Protein	20.00g		
Vitamin A	0.00mcg	Vitamin C	2.40mg
Calcium	53.00mg	Iron	3.72mg

Nutrition - Per 100g

No 100g Conversion Available