

Caesar Side Salad

Servings:	135.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-18695
School:	Concord High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LETTUCE SALAD TINY CHP 55/45	18 Pound		153121
CHEESE PARM SHRD FCY	3 Pound	1.5 bags	460095
DRESSING CAESAR	1 Gallon	N/A	818201
CROUTON MULTIGR CHS GARL	1/3 Each	1/3 bag	748510

Preparation Instructions

Divide ingredients among 3 pans.

Each pan provides 45, 1 cup servings.

Updated 12.19.23

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.500
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 135.00

Serving Size: 1.00 Cup

Amount Per Serving			
Calories	155.17		
Fat	14.21g		
Saturated Fat	3.67g		
Trans Fat	0.00g		
Cholesterol	18.36mg		
Sodium	345.87mg		
Carbohydrates	4.62g		
Fiber	1.54g		
Total Sugar	2.13g		
Added Sugar	0.95g		
Protein	4.39g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	109.99mg	Iron	0.43mg

Nutrition - Per 100g

No 100g Conversion Available
