

Mini Corn Dogs with Macaroni and Cheese

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-37408
School:	Concord High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CORN DOG CHIX MINI WGRAIN CN 2-5	6 Each		497360
ENTREE MACAR CHS WGRAIN ELB	1/2 Cup		609131

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.495
Grain	2.745
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	507.73
Fat	24.00g
Saturated Fat	10.42g
Trans Fat	0.00g
Cholesterol	79.50mg
Sodium	967.46mg
Carbohydrates	51.00g
Fiber	3.00g
Total Sugar	9.75g
Added Sugar	6.00g
Protein	20.25g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 350.23mg	Iron 3.00mg

Nutrition - Per 100g

No 100g Conversion Available