

Chicken Soft Tacos

NO IMAGE

Servings:	53.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-34725
School:	NORTHWOOD ELEMENTARY		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	1 Package	Use diced commodity chicken whenever possible.	570533
TORTILLA FLOUR ULTRGR 6IN	106 Each		882690
CHEESE CHED MLD SHRD 4-5 LOL	1 Pound	READY_TO_EAT Preshredded. Use cold or melted	150250
SOUR CREAM PKT	1 Each		745903

Preparation Instructions

Use diced commodity chicken whenever possible.

1. Cook chicken according to package directions.

CCP: Heat for 30-35 minutes until product reaches a min internal temperature of 140 for at least 15 seconds.

CCP: Hold chicken at 165F until time to assemble and serve.

2. Portion 2 oz chicken and 1 oz cheese into a tortilla just before service.

3. Place 2 tacos in a boat.

Offer a sour cream packet as an option.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.818
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 53.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	345.16
Fat	13.84g
Saturated Fat	7.39g
Trans Fat	0.00g
Cholesterol	64.78mg
Sodium	328.30mg
Carbohydrates	31.33g
Fiber	4.02g
Total Sugar	2.02g
Added Sugar	0.00g
Protein	23.94g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 108.64mg	Iron 2.60mg

Nutrition - Per 100g

No 100g Conversion Available