

Triple Decker Ham & Cheese Sandwich

NO IMAGE

Servings:	50.00	Category:	Entree
Serving Size:	1.00 Sandwich	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-48000
School:	FRANKLIN COMMUNITY MIDDLE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
24 oz. Whole Grain Rich Sandwich Bread X	150 Slice		1292
Land O Lakes® 50% Reduced Fat American Cheese Slices	100 Slice		499789
HAM SLCD .5Z	200 Slice		294187

Preparation Instructions

Place 50 bread slices on a paper liner.

Put 1 slice of cheese and 2 slices ham and on top of each bottom slice of bread.

Place another slice of bread on top.

Put 1 more slice of cheese and 2 more slices ham and on top of each middle slice of bread.

Slice sandwiches in half on the diagonal.

Stack sandwich triangles on top of each other and wrap together in clear plastic wrap.

CCP: Hold for cold service at 41° or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 50.00

Serving Size: 1.00 Sandwich

Amount Per Serving	
Calories	400.00
Fat	4.50g**
Saturated Fat	5.50g
Trans Fat	0.00g
Cholesterol	50.00mg
Sodium	1465.00mg
Carbohydrates	45.00g
Fiber	3.00g
Total Sugar	8.00g
Added Sugar	4.00g
Protein	28.00g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 422.00mg	Iron 3.60mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available