

Popcorn Chicken w/ cornbread bites (MS/HS)



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-35679

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST CHNK BRD WGRAIN CKD	6 Piece	5 poppers = 2 meat/1 grain	536790
CORNBREAD BITE WGRAIN	4 Each		963499

Preparation Instructions

1. Cook chicken and cornbread poppers according to package instructions.
 2. Assemble 6 chicken pieces and 4 cornbread bites in a boat.
- CCP: Hold at 135F or higher for service.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.400
Grain	2.533
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	457.67
Fat	19.67g
Saturated Fat	6.33g
Trans Fat	0.09g
Cholesterol	70.67mg
Sodium	955.73mg
Carbohydrates	46.40g
Fiber	4.27g
Total Sugar	6.00g
Added Sugar	2.67g
Protein	24.73g
Vitamin A 240.00mcg	Vitamin C 0.00mg
Calcium 33.11mg	Iron 2.55mg

Nutrition - Per 100g

No 100g Conversion Available