

Beef Soft Taco w/ chips & salsa

NO IMAGE

Servings:	25.00	Category:	Entree
Serving Size:	3.17 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-30703
School:	CREEKSIDE ELEM SCHL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	5 Pound	14# = 2 bags	722330
TORTILLA FLOUR ULTRGR 6IN	25 Each	75= 6 pkgs + 3	882690
CHEESE CHED MLD SHRD 4-5 LOL	1 Pound	READY_TO_EAT Preshredded. Use cold or melted	150250
SALSA CUP	25 Each	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	677802
CHIP TORTL WHT TRI	25 Ounce		163010

Preparation Instructions

1. Place bags of taco meat into a steam table pan. Steam.

CCP: Heat for 30-35 minutes until product reaches a min internal temperature of 140 for at least 15 seconds.

2. Cut open bags and pour into serving pans. Cover.

CCP: Hold for hot service at 135F or higher.

To serve: Use a #12 scoop of taco meat (should be about 3.17 oz), 1 soft shell, and 2 T (0.5 oz) cheese. Boat the taco with 1oz (about 8) chips and serve with salsa cup.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.670
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.631
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 25.00

Serving Size: 3.17 Ounce

Amount Per Serving			
Calories	435.95		
Fat	18.40g		
Saturated Fat	8.22g		
Trans Fat	0.00g		
Cholesterol	53.84mg		
Sodium	757.93mg		
Carbohydrates	39.70g		
Fiber	6.02g		
Total Sugar	6.02g		
Added Sugar	0.00g		
Protein	21.03g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	228.91mg	Iron	3.01mg

Nutrition - Per 100g

Calories	485.10		
Fat	20.48g		
Saturated Fat	9.15g		
Trans Fat	0.00g		
Cholesterol	59.91mg		
Sodium	843.38mg		
Carbohydrates	44.17g		
Fiber	6.70g		
Total Sugar	6.70g		
Added Sugar	0.00g		
Protein	23.40g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	254.72mg	Iron	3.35mg