

GrizFillet Chicken Sandwich



Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-25903
School:	FRANKLIN COMMUNITY MIDDLE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
wg 4 inch Hamburger Bun x	1 Each	READY_TO_EAT	3474
CHIX BRST FLLT BRD DILL CKD	1 Each		627323

Preparation Instructions

1. Cook chicken patties at 375° for 13-15 minutes. Turn after 6 minutes.

CCP: Cook patties to an internal temperature of 160°

2. Place one patty on one bu. Wrap in foil wrapper.

CCP: Hold for hot service at 140° or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving	
Calories	369.90
Fat	9.80g
Saturated Fat	1.50g
Trans Fat	0.00g
Cholesterol	63.00mg
Sodium	668.80mg
Carbohydrates	42.00g
Fiber	3.20g
Total Sugar	6.00g
Added Sugar	0.00g
Protein	27.30g
Vitamin A 59.54mcg	Vitamin C 0.01mg
Calcium 101.77mg	Iron 3.93mg

Nutrition - Per 100g

No 100g Conversion Available