

Popcorn Chicken Cup w/ roll



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-41452

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Whole Grain Rich Clustered Pan Rolls x	1 Piece	READY_TO_EAT Ready to eat	3920
CHIX POPCORN BRD WGRAIN FC .28Z 4-8	12 Each	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.	327120

Preparation Instructions

1. Cook chicken according to package instructions.
2. Assemble 12 chicken pieces in cup #792220
3. Place roll on top of chicken.

CCP: Hold at 135F or higher for service.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.378
Grain	2.189
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	340.91
Fat	15.18g
Saturated Fat	2.73g
Trans Fat	0.00g
Cholesterol	21.82mg
Sodium	511.82mg
Carbohydrates	33.27g
Fiber	5.27g
Total Sugar	3.09g
Added Sugar	2.00g
Protein	18.27g
Vitamin A 118.91mcg	Vitamin C 0.00mg
Calcium 75.27mg	Iron 3.38mg

Nutrition - Per 100g

No 100g Conversion Available