

Ham & Cheese Baked Potato w/ roll

NO IMAGE

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-54373

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO BAKER IDAHO	1 Each	Stab potatoes with a fork or knife, then roast until cooked through. Convection oven: 350°F about 40-60 minutes. Conventional oven: 450°F about 50-60 minutes.	233293
Shredded Cheddar Cheese	2 Ounce		100003
Ham, Cubed Frozen	3 Ounce		100188-H
Whole Grain Rich Clustered Pan Rolls x	1 Each		3920

Preparation Instructions

Instructions:

Stab potatoes with a fork or knife, then roast until cooked through.

Convection oven: 350°F about 40-60 minutes.

Conventional oven: 450°F about 50-60 minutes.

Slit the potatoes once they are cooked. If using salt, sprinkle lightly and keep potatoes hot in steam table.

Heat diced ham according to package instruction.

CCP: Hold at 135F or higher.

To serve:

Top potatoes with 2 oz each ham and cheddar cheese. Offer sour cream packet on the side as optional. Serve potato directly onto tray with a roll.

Meal Components

Amount Per Serving

Meat/Meat Alternate	4.459
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	531.98
Fat	24.12g
Saturated Fat	14.46g
Trans Fat	0.00g
Cholesterol	104.26mg
Sodium	1090.69mg
Carbohydrates	52.92g
Fiber	5.80g
Total Sugar	6.46g
Added Sugar	2.00g
Protein	30.70g
Vitamin A 3.40mcg	Vitamin C 33.50mg
Calcium 56.40mg	Iron 2.32mg

Nutrition - Per 100g

No 100g Conversion Available