

Walking Taco w/ Fritos



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-25912
School:	FRANKLIN COMMUNITY HIGH SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIP CORN TOP N GO 60-1.5Z FRITOS	1 Each	READY_TO_EAT Lay product flat with the front facing you. Pull open the easy open strip to reveal the product. Cover product with toppings (chili, cheese sauce, or other - you provide) Enjoy!	317677
TACO FILLING BEEF REDC FAT 6-5 COMM	3 Ounce		722330
LETTUCE ROMAINE RIBBONS	1/2 Cup		451730
CHEESE CHED MLD SHRD 4-5 LOL	2 Ounce		150250

Description	Measurement	Prep Instructions	DistPart #
SALSA CUP	1 Each	HEAT_AND_SERVE Ready to Eat MIX Ready to Eat READY_TO_DRINK Ready to Eat READY_TO_EAT Ready to Eat UNPREPARED Ready to Eat UNSPECIFIED Ready to Eat	677802
SOUR CREAM PKT FF	1 Each	Optional, place for self service.	853190

Preparation Instructions

1. Thaw taco meat, heat thawed meat to 160° following package instruction.
2. Tear top off bag of Fritos.
3. As students come through the line, scoop 3oz taco meat using a #10 scoop and 2 oz shredded cheese on top of chips.
3. On the side, offer 1 salsa cup, 1 pkt sour cream, and lettuce for optional pickup.

Meal Components

Amount Per Serving

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Meat/Meat Alternate	3.893
Grain	2.000
Fruit	0.000
DarkGreen	0.250
Red/Orange	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	627.19
Fat	37.73g
Saturated Fat	15.70g
Trans Fat	0.00g
Cholesterol	92.18mg
Sodium	1130.63mg
Carbohydrates	35.73g
Fiber	4.39g
Total Sugar	7.39g
Added Sugar	0.00g
Protein	26.80g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 548.59mg	Iron 1.35mg

Nutrition - Per 100g

No 100g Conversion Available