

# White Chicken Chili w/ garlic breadstick



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-56812

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREADSTICK WGRAIN GARL HERB 1Z	2 Each		512723
CHILI CHIX WHT W/BEANS	1 Cup	<b>BOIL</b> KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	363263

## Preparation Instructions

Place sealed bag of chili in a steamer or in boiling water. Heat approximately 45 minutes or until product reaches temperature of 160F.

To serve: Ladle 8oz of chili into a 12 oz Earthchoice bowl #688490.

Serve with 1 breadstick, with the option of a second breadstick if students would like an additional one.

(One breadstick meets our required minimum, the second is able to be declined by the student under offer vs serve.)

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Cup

Amount Per Serving	
<b>Calories</b>	279.30
<b>Fat</b>	3.30g
<b>Saturated Fat</b>	0.60g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	28.00mg
<b>Sodium</b>	1129.60mg
<b>Carbohydrates</b>	45.00g
<b>Fiber</b>	6.00g
<b>Total Sugar</b>	1.00g
<b>Added Sugar</b>	0.00g**
<b>Protein</b>	17.90g
<b>Vitamin A</b> 0.00mcg**	<b>Vitamin C</b> 0.00mg**
<b>Calcium</b> 20.00mg**	<b>Iron</b> 1.40mg**

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available