

Cheeseburger on Bun



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-25955

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF STK BRGR CHARB	1 Each	BAKE From thawed state: sleeve pack preparation, put a few small holes in top of bag. Place entire bag intact on sheet pan in preheated convection oven at 375 degrees f for 45 minutes. Remove from oven and let stand 3 minutes before opening bag.	203260
wg 4 inch Hamburger Bun x	1 1 bun	READY_TO_EAT	3474
Land O'Lakes Yellow American Cheese Slice	1 Piece		499786

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.750
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	450.00
Fat	16.00g**
Saturated Fat	11.00g
Trans Fat	0.00g
Cholesterol	85.00mg
Sodium	790.00mg
Carbohydrates	29.00g
Fiber	2.00g
Total Sugar	5.00g
Added Sugar	0.00g
Protein	29.00g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 221.00mg	Iron 2.10mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available