

Orange Chicken w/ Veg. Fried Rice



Servings:	1.00	Category:	Entree
Serving Size:	1.00	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-25952
School:	CUSTER BAKER INTERMEDIATE SCHOOL		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX KIT TANGR ORANGE WGRAIN	4 Ounce	PREPARE FROM FROZEN STATE	791710
Vegetable Fried Rice	5 9/10 Ounce	STEAM	676463

Preparation Instructions

- There are (176) 3.9 oz servings per case, from (6) 5 lb chicken & (6) 2.15 lb sauce.
1. Spread chicken pieces on a lined sheet pan. Bake frozen in oven for 40-45 minutes at 350° for 40-45 minutes or until golden brown and crispy. Temperature should be 165° or higher.
CCP: Hold for hot service at 140° or higher.
 2. Place sauce in the bag into steamer for 10-12 minutes or until 165°
 3. Cook rice according to package directions. CCP: Hold for hot service..
 4. Place heated chicken in a serving pan. Pour heated sauce over chicken. Gently combine chicken with sauce.
 5. To assemble, place 1/2 cup rice directly onto tray and top with #10 scoop (3-4oz) of chicken. Add 1 oz ladle of sauce over rice.
CCP: Hold for hot service at 140° or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.051
Grain	2.513
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.130
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.130

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00

Amount Per Serving	
Calories	1138.87
Fat	18.85g
Saturated Fat	2.21g
Trans Fat	0.00g
Cholesterol	46.15mg
Sodium	2008.11mg
Carbohydrates	214.44g
Fiber	14.44g
Total Sugar	25.13g
Added Sugar	13.33g
Protein	36.78g
Vitamin A 1858.50mcg	Vitamin C 11.80mg
Calcium 49.56mg	Iron 4.43mg

Nutrition - Per 100g

No 100g Conversion Available