

# Cinnamon Roll

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Complex Food Prep
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-57067

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Cinnamon Rolls, Frozen, 2.5 Oz Package, 120/case	1 Each	<b>BAKE</b> ring thawed dough to room temperature. Proof dough until it has doubled in size. Bake in a preheated oven until rolls are golden brown. 325 degrees F for convection oven. 375 degrees F for all other types of ovens. Cool slightly and ice with you favorite topping (vanilla icing, cream cheese, etc.)	206314

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### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
<b>Calories</b>	270.00		
<b>Fat</b>	5.00g		
<b>Saturated Fat</b>	1.50g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	0.00mg		
<b>Sodium</b>	290.00mg		
<b>Carbohydrates</b>	50.00g		
<b>Fiber</b>	0.00g		
<b>Total Sugar</b>	11.00g		
<b>Added Sugar</b>	11.00g		
<b>Protein</b>	7.00g		
<b>Vitamin A</b>	0.00mcg	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	0.00mg	<b>Iron</b>	0.00mg

## **Nutrition - Per 100g**

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No 100g Conversion Available

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