

Cinnamon Toast Crunch Breakfast Bar

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-57064

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BAR BKFST CINN TST CHS IW	1 Each	HEAT_AND_SERVE Heat frozen Soft Filled Bars in ovenable pouchPreheat oven to 350°F. Place pouches flat on a baking sheet and heat per chart below:Convection Oven 8-9 minutes*Conventional Oven 13-14 minutes* MICROWAVE Place one pouch in microwave and heat on HIGH for 30-40 seconds.LET STAND one minute before removing from microwave.CAUTION: Pouch and product can be very hot! Use caution when handling and eating. THAW Thaw and Serve: Thaw at room temperature for 120 minutes prior to serving.Warming Unit: Preheat Warming Unit to 150°F. Heat for 90 minutes.	880415

Preparation Instructions

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THAW

Thaw and Serve: Thaw at room temperature for 120 minutes prior to serving.Warming Unit: Preheat Warming Unit to 150°F. Heat for 90 minutes.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Package

Amount Per Serving			
Calories	240.00		
Fat	6.00g		
Saturated Fat	2.00g		
Trans Fat	0.00g		
Cholesterol	5.00mg		
Sodium	280.00mg		
Carbohydrates	41.00g		
Fiber	3.00g		
Total Sugar	14.00g		
Added Sugar	13.00g		
Protein	5.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	30.00mg	Iron	2.00mg

Nutrition - Per 100g

No 100g Conversion Available