

1% Chocolate Milk- Lunch

| | | | |
|----------------------|-------------------------------|-----------------------|---------|
| Servings: | 1.00 | Category: | Milk |
| Serving Size: | 0.50 Pint | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-57081 |
| School: | Somerset Academy: Crave-It | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--------------------|-------------|-------------------|------------|
| 1 % Chocolate Milk | 1 Cup | | 1% Choc |

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 0.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Pint

| Amount Per Serving | | | |
|----------------------|----------|------------------|--------|
| Calories | 150.00 | | |
| Fat | 2.50g | | |
| Saturated Fat | 1.50g | | |
| Trans Fat | 0.00g | | |
| Cholesterol | 0.00mg | | |
| Sodium | 230.00mg | | |
| Carbohydrates | 24.00g | | |
| Fiber | 0.00g | | |
| Total Sugar | 22.00g | | |
| Added Sugar | 0.00g | | |
| Protein | 8.00g | | |
| Vitamin A | 0.00mcg | Vitamin C | 0.00mg |
| Calcium | 0.00mg | Iron | 0.00mg |

Nutrition - Per 100g

No 100g Conversion Available