

Fluffy Mini Pancakes

Servings:	2.00	Category:	Entree
Serving Size:	1.00 Package	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-57062

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Maple flavored puff pancakes	1 Package		609845
PANCAKE STRAWB PUFF IW 2.59Z	1 Package		609849

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 2.00

Serving Size: 1.00 Package

Amount Per Serving	
Calories	224.55
Fat	0.00g**
Saturated Fat	1.10g
Trans Fat	0.06g
Cholesterol	0.50mg
Sodium	188.05mg
Carbohydrates	39.00g
Fiber	3.00g
Total Sugar	10.00g
Added Sugar	9.00g
Protein	3.80g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 69.57mg	Iron 1.45mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available