

Mini Pancake Wraps

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-9925
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PANCK WRAP TKY WGRAIN MINI	6 Each	Cook from thawed or frozen in a microwave, convection or conventional oven. Heat to an internal temperature of 160 degrees F.	696180

Preparation Instructions

Cook from thawed or frozen in a microwave, convection or conventional oven. Heat to an internal temperature of 160 degrees F.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Each

Amount Per Serving			
Calories	320.00		
Fat	18.00g		
Saturated Fat	5.00g		
Trans Fat	0.00g		
Cholesterol	50.00mg		
Sodium	560.00mg		
Carbohydrates	30.00g		
Fiber	6.00g		
Total Sugar	8.00g		
Added Sugar	0.00g		
Protein	12.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	40.00mg	Iron	3.60mg

Nutrition - Per 100g

No 100g Conversion Available
