

Beef & Cheese Bento Box

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-41695

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SNACK STIX BF SAUSAGE IW	2 Each	Ready to eat.	565850
CHEESE STRING MOZZ	2 Ounce	Ready to eat.	347211
EGG HARD CKD PLD	1 Each	READY_TO_EAT Product is fully cooked and ready to eat. Do not heat.	219160
CRACKER CHEEZ-IT WGRAIN	1 Package	Ready to eat.	512342
Strawberries RF Clamshell 8/1 LB CO- Graves County Schools	1/6 Cup	READY_TO_EAT	17W87
BLUEBERRY	1/6 Cup	Ready to eat.	451690
GRAPES RED SDLSS	1/6 Cup		197831

Preparation Instructions

Bento Box Container- 200332

Lid- 366332

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.500
Grain	1.500
Fruit	0.510
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	501.30
Fat	33.49g
Saturated Fat	12.53g
Trans Fat	0.00g
Cholesterol	230.00mg
Sodium	845.82mg
Carbohydrates	29.44g
Fiber	3.35g
Total Sugar	8.28g
Added Sugar	0.00g**
Protein	47.69g
Vitamin A 45.04mcg**	Vitamin C 17.98mg**
Calcium 561.42mg	Iron 8.58mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available