

# Ultimate Breakfast Round

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-43926

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
ROUND BKFST UBR IW	1 Each	Basic Preparation READY TO SERVE ONCE THAWED Thawing Instructions CAN BE THAWED AT ROOM TEMPERATURE	129001

## Preparation Instructions

No Preparation Instructions available.

### Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	306.60
<b>Fat</b>	9.50g
<b>Saturated Fat</b>	3.20g
<b>Trans Fat</b>	0.10g
<b>Cholesterol</b>	7.00mg
<b>Sodium</b>	207.30mg
<b>Carbohydrates</b>	50.00g
<b>Fiber</b>	5.40g
<b>Total Sugar</b>	21.00g
<b>Added Sugar</b>	20.00g
<b>Protein</b>	5.50g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 36.99mg	<b>Iron</b> 1.81mg

### Nutrition - Per 100g

No 100g Conversion Available