

Meatball Sub

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-52427

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD WGRAIN 5IN	1 Each	READY_TO_EAT	276142
SAUCE PIZZA W/BASL	2 Ounce	READY_TO_EAT	100234
CHEESE MOZZ SHRD	1 Ounce	READY_TO_EAT Preshredded. Use cold or melted.	645170
MEATBALL CKD .65Z	3 Each	BAKE KEEP FROZEN CONVECTION OVEN: Add frozen meatballs or crumbles to sauce, cover pan and heat in convection oven approximately 30 minutes at 375 degrees F. STOVE TOP: Add frozen meatballs or crumbles to sauce. Simmer in covered pan for approximately 40 minutes at 180-200 degrees F.	785860

Preparation Instructions

Place buns face up on a sheet pan with parchment paper. Add pizza sauce (2 ounces) to the bun. Top with 3 meatballs, and add 1 ounce of mozzarella cheese. Place in oven and toast for 5-7 minutes at 350 degrees, or until product reaches an internal temperature of 135 degrees.

CCP: Heat to 135 F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	328.00
Fat	10.75g
Saturated Fat	4.00g
Trans Fat	0.45g
Cholesterol	30.75mg
Sodium	592.00mg
Carbohydrates	40.75g
Fiber	3.75g
Total Sugar	9.75g
Added Sugar	4.75g
Protein	17.75g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 165.50mg	Iron 3.75mg

Nutrition - Per 100g

No 100g Conversion Available