

# Totchos

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-28984

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO ROUNDS	1/2 Cup	FRY 1 LB AT360 DEGREES F FOR 1 MINUTE AND 45 SECONDS. OVEN RECONSTITUTION: CONVECTION: BAKE 1 LB AT 400 DEGREES F. FOR 10 MINUTES. CONVENTION: BAKE 1 LB AT 450 DEGREES F. FOR 15 MINUTES.	324167
CHILI BEEF W/BEAN	6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012

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KEEP FROZEN Place sealed bag in a steamer or in boiling water.

Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.380
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.500

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	369.77
<b>Fat</b>	15.81g
<b>Saturated Fat</b>	4.42g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	31.90mg
<b>Sodium</b>	676.71mg
<b>Carbohydrates</b>	42.10g
<b>Fiber</b>	6.78g
<b>Total Sugar</b>	5.15g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	16.05g
<b>Vitamin A</b> 1288.51mcg	<b>Vitamin C</b> 19.55mg
<b>Calcium</b> 67.15mg	<b>Iron</b> 4.05mg

## Nutrition - Per 100g

No 100g Conversion Available