

Bacon Tornado

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-10082
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORNADOS EGG BAC CHS SALSA 3Z	1 Each	Preheat oven to 350 degrees F. Place tornado on cooking sheet lined with parchment paper. Place in preheated oven for 25 minutes until 161 degrees is achieved. Check the temperature and if necessary continue cooking until 161 degrees is reached.	149311

Preparation Instructions

Preheat oven to 350 degrees F. Place tornado on cooking sheet lined with parchment paper. Place in preheated oven for 25 minutes until 161 degrees is achieved. Check the temperature and if necessary continue cooking until 161 degrees is reached.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Component	Amount
Meat/Meat Alternate	0.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	180.00
Fat	7.00g
Saturated Fat	2.00g
Trans Fat	0.00g
Cholesterol	35.00mg
Sodium	300.00mg
Carbohydrates	23.00g
Fiber	1.00g
Total Sugar	1.00g
Added Sugar	0.00g
Protein	6.00g
Vitamin A	200.00mcg
Vitamin C	0.00mg
Calcium	40.00mg
Iron	1.44mg

Nutrition - Per 100g

No 100g Conversion Available
