

Italian Side Salad

Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-35631

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Cup	READY_TO_EAT	15D44
CHEESE MOZZ SHRD	1 Ounce	READY_TO_EAT Preshredded. Use cold or melted.	645170
PEPPERONI SLCD 16/Z	3 Each	Ready to Eat	100240
OLIVE RIPE SLCD BLK SPAIN	3 Each	Ready to Eat	324531
PEPPERS BAN RING MILD	3 Each	Ready to Eat	466220
CROUTON CHS GARL WGRAIN	1 Package	READY_TO_EAT Ready to use.	661022

Preparation Instructions

Ready to eat.

Container- 792220 or 146633

Place romaine lettuce bowl and top with remaining ingredients

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	0.000
Fruit	0.000
DarkGreen	0.500
Red/Orange	0.000
OtherVeg	0.130
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	121.51
Fat	6.35g
Saturated Fat	1.83g
Trans Fat	0.00g
Cholesterol	9.04mg
Sodium	323.08mg
Carbohydrates	10.96g
Fiber	1.01g
Total Sugar	1.81g
Added Sugar	1.00g
Protein	5.21g
Vitamin A 4090.00mcg	Vitamin C 1.88mg
Calcium 75.96mg	Iron 1.69mg

Nutrition - Per 100g

No 100g Conversion Available