

Eagle Supreme Nacho Bar

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-41751
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	2 Ounce	BOIL KEEP FROZENPlace sealed bag in a steamer or in boiling water.Heat Approximately 45 minutes or until product reaches serving temperature.CAUTION: Open bag carefully to avoid being burned.	722330
CHIX BRST STRP FAJT GRLLD	2 Ounce	BAKE Appliances vary, adjust accordingly. Conventional Oven 15 - 18 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 4 - 6 minutes at 400°F from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave 4 1 2 - 5 1 2 minutes on high setting from frozen. UNPREPARED	481858
PORK PULLED BBQ LO SOD	2 Ounce	OVEN: BAKE AT 350 DEGREES F FOR 30 MINUTES OR UNTIL INTERNAL TEMPERATURE IS 160 DEGREES F.	498702

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.500
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	301.42
Fat	14.32g
Saturated Fat	4.80g
Trans Fat	0.00g
Cholesterol	96.95mg
Sodium	656.58mg
Carbohydrates	12.99g
Fiber	1.26g
Total Sugar	9.93g
Added Sugar	0.67g
Protein	29.87g
Vitamin A 825.00mcg	Vitamin C 0.00mg
Calcium 201.72mg	Iron 2.83mg

Nutrition - Per 100g

No 100g Conversion Available