

Dill Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11125
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT BRD DILL CKD	1 Each	Cook from frozen state. Conventional Oven: Heat 14-16 minutes at 375F. Turn after 6 minutes. Convection Oven: 13-15 minutes at 375F. Turn after 6 minutes.	627323
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each	Ready to eat.	266546

Preparation Instructions

Hamburger Bun-

Ready to Eat

Dill Flavored Chicken

Cook from frozen state.

Conventional Oven: Heat 14-16 minutes at 375 F. Turn after 6 minutes. Convection Oven: 13-15 minutes at 375 F. Turn after 6 minutes.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.250
Grain	3.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	369.90
Fat	9.80g
Saturated Fat	2.00g
Trans Fat	0.00g
Cholesterol	63.00mg
Sodium	698.80mg
Carbohydrates	40.00g
Fiber	4.20g
Total Sugar	6.00g
Added Sugar	3.00g
Protein	26.30g
Vitamin A 59.54mcg	Vitamin C 0.01mg
Calcium 60.77mg	Iron 3.93mg

Nutrition - Per 100g

No 100g Conversion Available