

Cocoa Yogurt Parfait

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-35597

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
Cocoa	1 Tablespoon	Ready To Eat	269654
CEREAL COCOA PUFFS	1 Ounce	Ready To Eat	130745
non dairy whipped topping	2 Tablespoon	THAW	
SYRUP CHOC	1 Tablespoon		199133

Preparation Instructions

Layer-

Yogurt

Cocoa Puffs

On Top

Chocolate Syrup

Clear Container- 792220

CCP- Hold for cold service at 41° or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.119
Grain	1.563
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	363.58
Fat	3.85g
Saturated Fat	0.97g
Trans Fat	0.00g
Cholesterol	3.73mg
Sodium	234.00mg
Carbohydrates	86.38g
Fiber	2.90g
Total Sugar	45.71g
Added Sugar	27.69g
Protein	7.53g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 307.14mg	Iron 12.85mg

Nutrition - Per 100g

No 100g Conversion Available