

# Chicken Casserole

<b>Servings:</b>	8.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	8.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-39414
<b>School:</b>	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
MARGARINE LIQUID	12 Tablespoon	READY_TO_EAT This ready-to-use.	266965
CRACKER RITZ	2 Package	Ready To Use	426962
CHIX CKD SHRD WHT IQF	5 Cup	Ready To Use	617760
SOUP CRM OF CHIX	21 Ounce	Ready To Use	695513
SOUR CREAM	1 Cup	Ready To Use	285218

## Preparation Instructions

Preheat oven to 350 degrees.

Whisk together sour cream, cream of chicken soup and chicken.

Place mix in greased pan.

Combine crackers and margarine and top casserole with crumb mixture.

Bake for 20- 25 minutes, or until filling is hot and bubbly.

Try an 8 oz spoodle.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	3.750
<b>Grain</b>	0.063
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 8.00

Serving Size: 8.00 Serving

Amount Per Serving	
<b>Calories</b>	411.31
<b>Fat</b>	24.62g
<b>Saturated Fat</b>	7.41g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	96.09mg
<b>Sodium</b>	657.75mg
<b>Carbohydrates</b>	10.88g
<b>Fiber</b>	0.00g
<b>Total Sugar</b>	3.44g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	36.19g
<b>Vitamin A</b> 328.13mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 56.58mg	<b>Iron</b> 0.53mg

## Nutrition - Per 100g

No 100g Conversion Available