

Cheese Sticks w/Marinara Sauce

Servings:	1.00	Category:	Entree
Serving Size:	6.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-32917
School:	Graves County Middle School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
APTZR MOZZ STIX BRD R/F 8-3 FRM RCH	6 Each	BAKE Cooking Instructions: Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjustment. If cheese becomes visible, remove from heat. Caution - Product will be hot! CONVECTION OVEN: 1. Preheat oven to 350°F. 2. Arrange product in a single layer on lined baking sheet. 3. Bake for 9-10 minutes (full tray). If baking more than one tray, longer cooking time may be required.	143261
SAUCE MARINARA DIPN CUP	1 Each	READY_TO_EAT None	677721

Preparation Instructions

Marinara- Heat Marinara Sauce in a pot and pour over pasta. Can also be used as a pizza sauce.

Ready to Eat

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.875
Grain	1.875
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.500
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Each

Amount Per Serving	
Calories	355.00
Fat	13.00g
Saturated Fat	3.75g
Trans Fat	0.00g
Cholesterol	15.00mg
Sodium	710.00mg
Carbohydrates	40.00g
Fiber	3.00g
Total Sugar	7.00g
Added Sugar	1.00g
Protein	20.50g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 544.00mg	Iron 1.65mg

Nutrition - Per 100g

No 100g Conversion Available