

BBQ Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9236
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK PULLED BBQ LO SOD	4 Ounce	Prepare from frozen state. Bake at 350 degrees until internal temperature is 165 degrees.	498702
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each	Ready to eat.	266546

Preparation Instructions

BBQ-

Prepare from frozen state. Bake at 350 degrees until internal temperature is 165 degrees.

Bun-Ready to eat

CCP: Hold for hot service at 135° F or higher.

CCP: Hold for hot service at 135° F or higher.

4 ounce spoodle

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	449.00
Fat	19.00g
Saturated Fat	6.50g
Trans Fat	0.00g
Cholesterol	71.00mg
Sodium	473.00mg
Carbohydrates	42.00g
Fiber	3.00g
Total Sugar	20.00g
Added Sugar	3.00g
Protein	23.00g
Vitamin A 1650.00mcg	Vitamin C 0.00mg
Calcium 110.00mg	Iron 5.06mg

Nutrition - Per 100g

No 100g Conversion Available