

Strawberry & Blueberry Yogurt Parfait w/Granola

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-20120
School:	Wingo Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
CEREAL GRANOLA TSTD OAT	2 Ounce	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers	711664
STRAWBERRY DCD 1/2IN IQF	1/4 Cup	READY_TO_EAT Ready to Eat	621420
BLUEBERRY FREE-FLOW IQF 30 GCHC	1/4 Cup		119873

Preparation Instructions

READY_TO_EAT

Ready to use with pouch & serving tip.

Strawberries - Thaw and top yogurt

Granola

READY_TO_EAT

Ready to eat dry cereal packaged for cereal dispensers

Cup- 792260

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.119
Grain	1.000
Fruit	0.500
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	227.13
Fat	5.25g
Saturated Fat	0.87g
Trans Fat	0.00g
Cholesterol	3.73mg
Sodium	154.70mg
Carbohydrates	50.38g
Fiber	2.50g
Total Sugar	20.21g
Added Sugar	19.69g
Protein	6.23g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 134.33mg	Iron 1.05mg

Nutrition - Per 100g

No 100g Conversion Available