

Honey Bun

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-28007
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HONEY IW 36-3Z EARLY FRSH	1 Each	Thaw and Serve	449967

Preparation Instructions

Thaw and serve.

CCP: Store at 50°F - 70°F.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	350.00		
Fat	19.00g		
Saturated Fat	10.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	270.00mg		
Carbohydrates	42.00g		
Fiber	2.00g		
Total Sugar	18.00g		
Added Sugar	0.00g		
Protein	4.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	96.00mg	Iron	2.20mg

Nutrition - Per 100g

No 100g Conversion Available