

Crispy Chicken Caesar Salad

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-46372
School:	Graves County High School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	2 Cup	READY_TO_EAT	15D44
CHEESE PARM SHVD	1 Ounce	Ready To Eat	140560
CHIX BRST TNRD BRD WGRAIN 4.5Z 8-4#	3 Piece	Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
CROUTON CHS GARL WGRAIN	2 Package	READY_TO_EAT Ready to use.	661022

Preparation Instructions

Container Number- 108301

Place romaine lettuce in the clear container. Place chicken and parmesan on top of romaine lettuce. Place two breadsticks on top of the salad.

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	465.98
Fat	19.00g
Saturated Fat	6.50g
Trans Fat	0.00g
Cholesterol	90.00mg
Sodium	1127.52mg
Carbohydrates	35.10g
Fiber	4.00g
Total Sugar	3.12g
Added Sugar	2.00g**
Protein	36.16g
Vitamin A 8180.00mcg**	Vitamin C 3.76mg**
Calcium 335.00mg	Iron 4.72mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available