

Peppered Gravy

Servings:	1.00	Category:	Condiments or Other
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-8888
School:	Wingo Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
GRAVY MIX PEPR DRY	1 3/13 Tablespoon	SLOWLY ADD 24 OZ. DRY MIX TO 1 GALLON HOT WATER (180-200 F) WHILE MIXING WITH A WIRE WHIP. MIX WELL UNTIL SMOOTH. COVER AND LET STAND 10 MINUTES. REMOVE COVER, MIX WELL AND SERVE.	701450

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CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

2 ounce spoodle

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving			
Calories	41.62		
Fat	1.85g		
Saturated Fat	0.92g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	231.20mg		
Carbohydrates	5.55g		
Fiber	0.00g		
Total Sugar	0.92g		
Added Sugar	0.00g		
Protein	0.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	7.40mg	Iron	0.00mg

Nutrition - Per 100g

Calories	73.40		
Fat	3.26g		
Saturated Fat	1.63g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	407.77mg		
Carbohydrates	9.79g		
Fiber	0.00g		
Total Sugar	1.63g		
Added Sugar	0.00g		
Protein	0.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	13.05mg	Iron	0.00mg