

Grilled Cheese Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-10480
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BREAD WGRAIN WHT 16-22Z GCHC	2 Slice	Thaw and serve	266547
CHEESE SLCD YEL	4 Slice		334450

Preparation Instructions

Place 2 slices of cheese between 2 pieces of bread. Butter spray both sides of sandwich. Place on baking pan, bake 350 degrees for 10 minutes or until golden brown.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	224.85
Fat	18.06g
Saturated Fat	10.00g
Trans Fat	0.00g
Cholesterol	50.00mg
Sodium	548.18mg
Carbohydrates	4.97g
Fiber	0.12g
Total Sugar	2.12g
Added Sugar	0.12g
Protein	10.18g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 323.82mg	Iron 0.06mg

Nutrition - Per 100g

No 100g Conversion Available
