

# Banana Split

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-12880

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	1/2 Cup	READY_TO_EAT Ready to use with pouch & serving tip.	811500
BANANA GREEN	1/2 Each	Ready to eat	686503
PINEAPPLE TIDBITS IN JCE	1/8 Cup	Ready to eat	189979
CEREAL GRANOLA TSTD OAT	1 Ounce	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers	711664
STRAWBERRY DCD 1/2IN IQF	1/8 Cup	READY_TO_EAT Ready to Eat	621420

## Preparation Instructions

Yogurt

READY\_TO\_EAT

Ready to use with pouch & serving tip.

Banana

Ready to eat

Strawberries

Thaw in refrigerator

Ready to eat

Pineapples

Ready to eat

Granola

READY\_TO\_EAT

Container-

CCP: Hold for cold service at 41° F or lower.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.119
<b>Grain</b>	0.520
<b>Fruit</b>	0.260
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	216.83
<b>Fat</b>	3.29g
<b>Saturated Fat</b>	0.68g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	3.73mg
<b>Sodium</b>	109.70mg
<b>Carbohydrates</b>	53.40g
<b>Fiber</b>	2.72g
<b>Total Sugar</b>	24.05g
<b>Added Sugar</b>	16.33g
<b>Protein</b>	5.55g
<b>Vitamin A</b> 37.76mcg	<b>Vitamin C</b> 5.14mg
<b>Calcium</b> 139.10mg	<b>Iron</b> 0.80mg

## Nutrition - Per 100g

No 100g Conversion Available