

Spicy Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8237
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each	Conventional Oven: 20 minutes at 350 degrees F. Convection Oven: 14 minutes at 350 degrees F.	266546
WG Hot and Spicy Whole Muscle Breaded Chicken Filet	1 Each	COMBI_HEAT	812380

Preparation Instructions

BAKE

Conventional Oven: 20 minutes at 350 degrees F. Convection Oven: 14 minutes at 350 degrees F.

Bun: Thaw and serve. If desired, can be toasted or baked.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	3.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	340.00
Fat	8.00g
Saturated Fat	1.50g
Trans Fat	0.00g
Cholesterol	55.00mg
Sodium	620.00mg
Carbohydrates	43.00g
Fiber	5.00g
Total Sugar	5.00g
Added Sugar	3.00g
Protein	24.00g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 41.00mg	Iron 4.00mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available